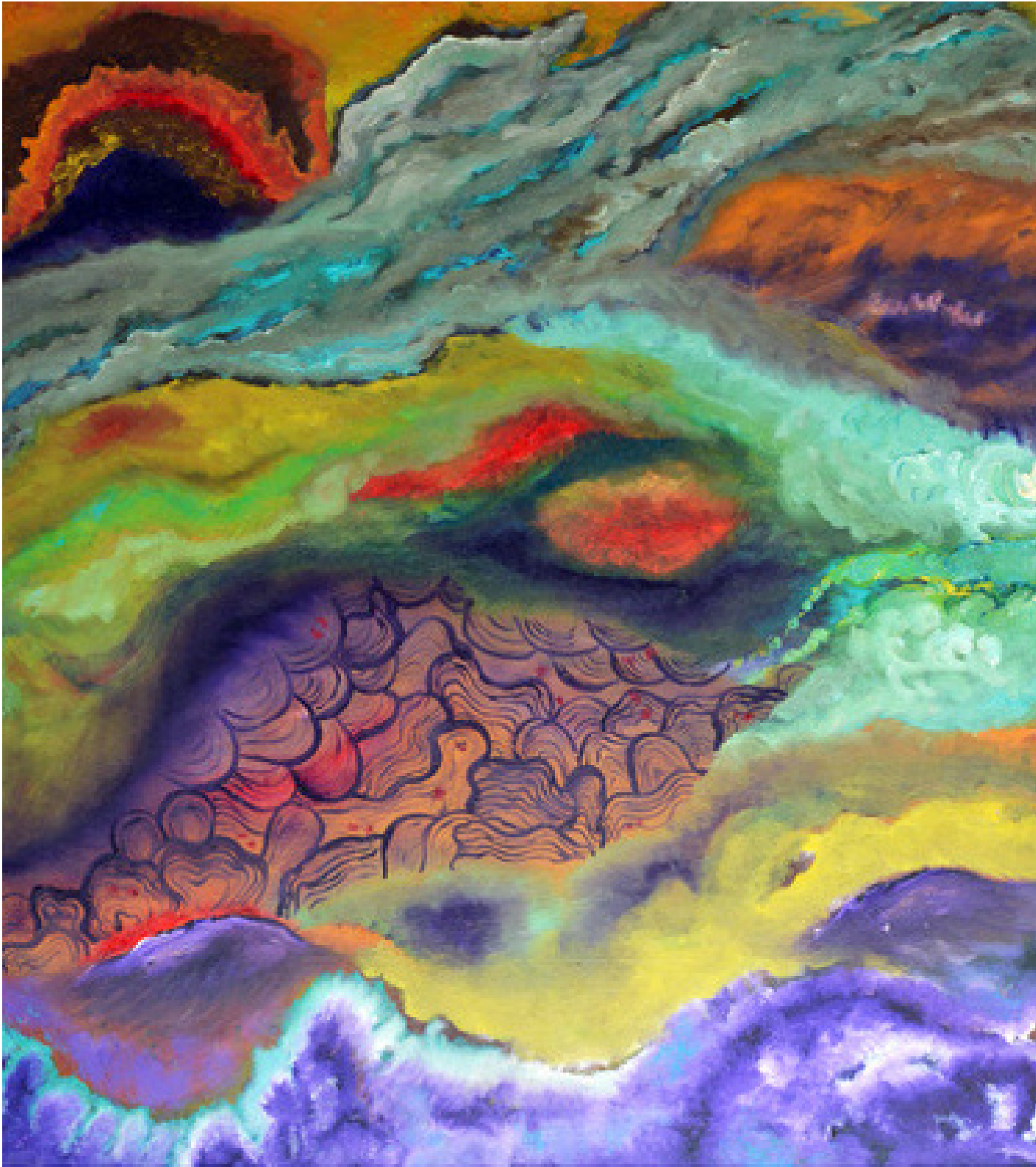


# *Artiste Culture*

SEPTEMBER 2020



ARTIST FEATURE | PARUL MEHRA

BY SUNAINA MISRA

# EXPRESSIONS DECODED

By Sunaina Misra

*"My art is an expression of my dreams, my world in bright hues. This is an inner journey... a catalogue of my subconscious being & what it infers on the spiritual plane of my daily life. Sometimes, these artistic expressions are decoded months after paintings have been made. When I paint, it's in a meditative state of mind... as if in a trance..."*

It is always a delight talking to Parul about her spiritual connect with vibrant colours. Her abstract works are a clear reflection of her spirited personality and architectural inspirations. Although, she started her career by working as an architect and interior designer for architectural firms, she soon accepted her affinity to art and gradually drifted towards carving a solid path as a contemporary visual artist.



*Earth is Sleeping, Parul Mehra*



*The Dream Swim, Parul Mehra*

In 2013, she took the plunge and showcased her works for the first time at Arpana Caur's Gallery. Parul says, "Arpana Maam herself is a legend. She was there providing all the moral support because I was frazzled about showcasing my work to complete strangers. This was a personal journey that was now put on a public platform."

It was one of the most encouraging exhibitions that set the foundation for her as an emerging contemporary artist. With over 13 solo exhibitions, 23 group shows and an art camp with TATA steel group in India,

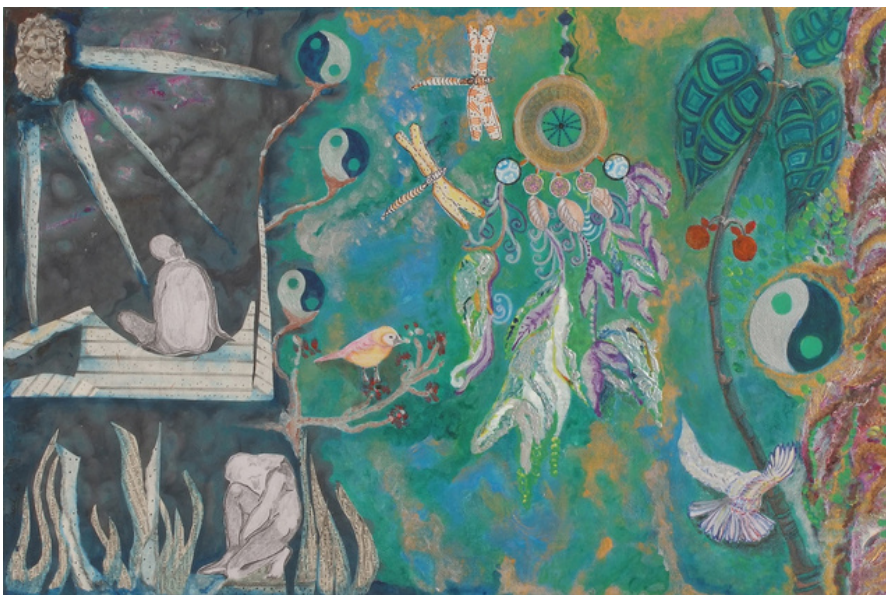
Parul has been constantly evolving her style by experimenting with mediums and techniques. She has now established herself as a promising contemporary artist by getting her works acquired by collectors in Jamshedpur, Kolkata, Delhi, Mumbai, Singapore and Goa including first time home owners and TATA Group."



*The Dreaming Dragon, Parul Mehra*

*Sometimes my artistic expressions are decoded months after paintings have been made."*

Parul often contemplates about the vision collectors have about the kind of work they would like to see on their wall. Therefore, her artistic dialogue focuses on creating artworks that spark positive emotions in the viewer.



*The Great Reset, Parul Mehra*



*"It is something they have to live with. So I want my colour palette to make my viewers happy," says Parul.*

Parul is currently practicing as an artist in Singapore. She is also a member of the National Gallery, Singapore.

*"My art is an expression of my dreams, my world in bright hues."*



*Thoughts Are Alive, Parul Mehra*



*Magical Synergies, Parul Mehra*

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